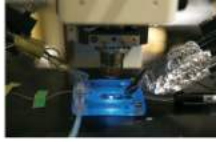
Sinai Health System

WHERE CARE CONNECTS

REPORT TO THE COMMUNITY

ANNUAL REPORT 2016/17



Sinai Health System:
Where care connects

It's a new era in health care. An era of connections. Connections that make healing one continuous journey. That treat patients as more than the sum of their charts.

Sinai Health System's goal is to provide a seamless patient experience through acute hospital care, rehabilitation and home care that is centred around our patients, their families and their health goals. All propelled by research and academic excellence.

Connected care is the best care.

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365 moments of care

4 institutions have come together to combine:

Hospital + Rehabilitation + Home Care + Research

Mount Sinai Hospital
Sinai Health System
Joseph & Wolf Lebovic Health Complex

Bridgepoint Active Healthcare
Sinai Health System

Circle of Care
Sinai Health System

Lunenfeld-Tanenbaum Research Institute
Sinai Health System

With 1 goal in mind:

To transform health care. For good.

DR. GARY NEWTON
President & CEO
Sinai Health System

BRENT S. BELZBERG
Chair
Sinai Health System

A MESSAGE FROM OUR LEADERS

SINAI HEALTH SYSTEM AND THE FUTURE OF CONNECTED CARE

We are both completing our first year as leaders of Sinai Health System. It has been a busy and intensely rewarding year as our System, now in its third year, has really hit its stride. The collective expertise of Bridgepoint Active Healthcare, Circle of Care, Lunenfeld-Tanenbaum Research Institute and Mount Sinai Hospital has already made important improvements in the care for our patients. We are delighted to share our early successes and provide a glimpse into our exciting future plans as we continue our transformation into a fully-integrated system of care.

The pursuit of excellence in providing care for our patients is at the heart of everything we do. This focus has led us to create innovative models of care such as our integrated palliative care program, which is allowing patients to receive the right care in the right location. We are also investing in making care safer, including the use of technology for safer drug delivery and installing advanced flooring that actually reduces the chance of harm from falls. Other highlights include a redesign of the care we provide to patients with hip fractures, reducing time in our hospitals by more than a week, while improving outcomes. The common theme to all these examples is the goal of improving the care experience and outcomes for our patients and their caregivers and families.

The Lunenfeld-Tanenbaum Research Institute, under the leadership of Dr. Jim Woodgett, Murray and Marvelle Koffler Directorship, for the Lunenfeld-Tanenbaum Research Institute continues to be ranked amongst the top biomedical research institutes in the world. Our scientists are making fundamental discoveries, unraveling common conditions and their treatment, such as the world-leading work done by Drs. Dan Drucker and Bernie Zinman, Sam and Judy Pencer Family Chair in Diabetes Research, in discovering and testing new treatments for diabetes. The Lunenfeld-Tanenbaum Research Institute has really spread its wings in the new Sinai Health System, with a new focus and leadership in health system and population health research at our Bridgepoint campus.

We are about to embark on the next phase of redevelopment of Mount Sinai Hospital. Construction starts this summer and in five short years we will have new state-of-the-art operating rooms, critical care unit and an expanded emergency department. This past year has involved a tremendous amount of planning and preparation which will only intensify in the months and years to come.

This ambitious renewal and transformation is creating increased capacity for our growing community and ensuring we are able to deliver the best care. Also central to our mission is partnership and collaboration with other organizations to create a better health-care system for all. This year we have placed a priority on building strong connections with academic hospitals, community stakeholders and the government. The leaders of Sinai Health System have much to offer, not just within the walls of our hospitals, but to the greater health-care community. These are challenging times in health care and we take seriously our responsibility to engage for the betterment of our entire community.

None of this would be possible without our dedicated team of staff, physicians and volunteers. Our people and their passion for caring are our greatest strength and we thank you for making a difference for our patients, clients and the health-care system we serve.

We are also enormously grateful for the ongoing support of our donor community in helping us realize our vision of a new era of connected care. Your generous support enables everything we do from compassionate care to scientific discovery and improves the quality of life for people who rely on Sinai Health System during their time of need.

Our profound appreciation and best wishes go to Joseph Mapa, former CEO of Sinai Health System, and Marian Walsh, former CEO of Bridgepoint Active Healthcare and Associate CEO and Chief Transformation Officer of Sinai Health System. Joseph and Marian's inspired leadership and vision set the course for our future as an integrated system of care.

We would also like to extend special recognition to our former Board Chairs Lawrence Bloomberg, Lloyd Fogler and Bernie Ghert, who have moved into the ranks of Directors Emeritus and will continue to be actively involved. They have provided us with strong leadership through the evolution of our organization. We thank them for their dedication and significant contributions to Sinai Health System.

As a System, we have made significant progress and major investments in our ability to deliver better care, an enhanced patient experience, growth as a system and increased academic and scientific impact. We are encouraged that, together, we will do more for the people we care for and the future of health care in Ontario.

Brent S. Belzberg
Chair, Board of Directors
Sinai Health System

Dr. Gary Newton
President & CEO
Sinai Health System

SINAI
HEALTH
SYSTEM

Sinai Health System is transforming the delivery of care by forging stronger connections between patients and caregivers, colleagues and care settings and research and treatment.

TRANSFORMING THE FUTURE OF HEALTH CARE

It has been over two years since we formed Sinai Health System to deliver exceptional care in hospital, community and home. This year, we made substantial progress in integrating key health-care pillars throughout our system so that no matter which campus our patients and their families interact with – Bridgepoint Active Healthcare, Mount Sinai Hospital or Circle of Care -- they have the same access to quality, seamless care.

Strengthening End-of-life Care

One of the areas that we prioritized this year was palliative care. High quality end-of-life care has been offered in Bridgepoint's 32-bed Albert & Temmy Latner Family Palliative Care Unit, in Mount Sinai's inpatient units, in patient's own homes through our Temmy Latner Centre for Palliative Care and through Circle of Care with its large ambulatory and community/home-based program. We recognized the need to harness these extraordinary individual programs to establish an integrated, comprehensive clinical and academic program that focuses on innovative models of care. To realize that objective, **Dr. Russell Goldman** became our first cross-site physician leader in Palliative Care. As Director of Sinai Health System's Inter-Departmental Division of Palliative Care, Dr. Goldman is developing a system-wide approach to transforming the palliative care model, from primary care to hospital care to home care.

Extending our Expertise in Physical Medicine and Rehabilitation across Campuses

Sinai Health System also appointed **Dr. Chris Fortin** as the inaugural Director of our newly formed Division of Physical Medicine and Rehabilitation. Dr. Fortin's appointment is an important milestone as it marks the transition of Bridgepoint's recognized inpatient and ambulatory programs focusing on orthopaedic, neurologic and medical rehabilitation to an academic enterprise in full partnership with the University of Toronto. Dr. Fortin will work towards serving the academic and clinical needs for both of our campuses. This means that a patient coming out of orthopaedic surgery at Mount Sinai Hospital will benefit from our expertise in rehabilitation before they even arrive at Bridgepoint.

A System-Wide Commitment to Quality

This year, Sinai Health System established its first Quality Aims. These support our commitment to our patients to deliver safe, effective, timely and patient- and family-centred care. Together, clinicians at both campuses are measuring our outcomes in areas such as hospital-acquired infections, falls, transitions between care settings and pain management. Through rigorous reporting and evaluation, this system-wide approach is strengthening care for all of our patients.

New Partnerships

While our focus continues to be on leveraging the strengths within our own system across campuses, we also work to strengthen our external partnerships.

- This year, we partnered with Women's College Hospital to form a joint department of Obstetrics and Gynaecology. Under the leadership of **Dr. Mathew Sermer**, the Rose Torno Chair in Obstetrics and Gynaecology, this partnership will offer women more options for care in the downtown core.
- The **Change Foundation** has partnered with Sinai Health System and WoodGreen Community Services on a unique initiative to foster a caregiver-friendly environment that extends broadly from the hospital and into the community, encompassing both a physical space and a philosophy of care in which caregivers are partners – not visitors.

New President and CEO

This year saw the appointment of our first system-wide President and CEO. **Dr. Gary Newton** previously held leadership roles such as Physician-in-Chief at Mount Sinai Hospital and Chief Medical Strategy Officer of Sinai Health System. As a practicing cardiologist, Dr. Newton brings a new clinical lens to strengthening care throughout Sinai Health System, and more broadly, Ontario's health-care landscape.

RENEW SINAI

Renew Sinai is enabling an expansion and redesign of our surgical services, including 18 new state-of-the-art operating rooms.

REBUILDING AND REDESIGNING FOR THE FUTURE OF CONNECTED CARE

COMMUNITY SUPPORT

Thanks to government, community partners and donors, Canada's first Magnetic Resonance Imaging (MRI) machine that is dedicated to Inflammatory Bowel Disease (IBD) clinical research has arrived at Mount Sinai Hospital and will help the one in 150 Canadians who suffer from this disease. To donate to Renew Sinai and help make innovative care and research like this possible, please visit supportsinai.ca

Sinai Health System has made it our mission to connect people with every part of the care they need. Our older spaces were designed around a disconnected health system. Many having been built 40 years ago, for half the number of patients we see today.

Renew Sinai is a multi-year capital redevelopment project, the largest in Mount Sinai's history, which is transforming the hospital's facilities and growth of its internationally recognized clinical and research programs.

This year, we met a number of milestones, including an announcement by Infrastructure Ontario and Sinai Health System that a contract to build and finance our next stage of redevelopment has been awarded. With this achievement, construction is set to begin this summer.

This phase of our capital redevelopment includes:

Surgery

A new, technologically-advanced surgical floor that will span the entire 7th floor. Each year, we perform highly-specialized surgeries for more than 16,000 patients with cancer, inflammatory bowel diseases, bone and joint damage and complex eye diseases.

Emergency Department

We will double the size and completely redesign our Schwartz/Reisman Emergency Centre. Our emergency team sees over 60,000 patients each year – 100% more than our space was originally designed to accommodate, as a result of major population growth in the Greater Toronto Area.

Critical Care Unit

Relocating to the 5th floor we will expand and completely redesign our critical care unit around the needs of our patients. Our critical care physicians and nurses are international leaders and award winners, caring for the most seriously ill patients in the hospital.

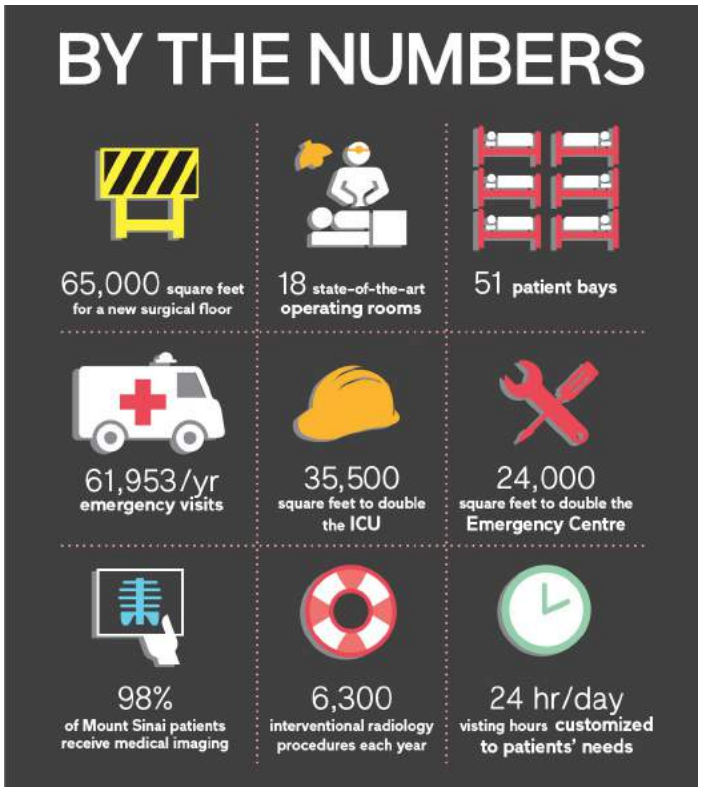
Upgraded Imaging Equipment

With fast-paced advances in biomedical technology comes the need to upgrade major pieces of diagnostic equipment. Ninety-eight per cent of our patients require medical imaging such as X-rays, CT scans, MRIs and diagnostic tools to accurately screen for, diagnose and even treat illness.

This year, we achieved a milestone in imaging when we installed Canada's first MRI machine that is dedicated to Inflammatory Bowel Disease (IBD) clinical research. This technology will help doctors diagnose patients more accurately, recommend therapies, track progress and make adjustments quickly.

Over the coming years, we will need to increase our capacity in areas such as the use of Interventional Radiology to precisely guide surgeons and radiologists through minimally-invasive interventions that require smaller incisions, have fewer side effects and help patients heal more quickly. This option can be life-saving for frail older patients, unborn babies and cancer patients with hard-to-treat tumours.

Additional Renew Sinai improvement will include increased medical/surgical capacity, a redesign of our ambulatory care areas and the redevelopment of a full-service, in-house Medical Devices Reprocessing Department.



MOUNT SINAI HOSPITAL

"It's for moments like this that we need to pull together and be strong, to fight and hold on. It's been an absolute honour to work alongside the team here at Mount Sinai to raise funds for this opportunity and a dream that Dr. Pamela Goodwin has had since the inception of the Marvelle Koffler Breast Centre. – Jennifer Landa, patient, ambassador, fundraiser

SHINING A LIGHT ON CANCER CARE

COMMUNITY SUPPORT

Earlier this year, the first-ever Jennifer Landa Breast Cancer Visiting Lectureship took place at Mount Sinai Hospital as part of Medical Grand Rounds with Dr. Rowan Chlebowski from the David Geffen School of Medicine at UCLA. The lecture series was the vision of Dr. Pamela Goodwin and will bring international breast cancer leaders to Mount Sinai. The lecture was made possible by Jennifer Landa who has raised almost $150,000 in her fundraising campaign. If you would like to learn more about Jennifer's journey and fundraising campaign please visit supportsinai.ca/jennlanda

More Canadians are living with complex or chronic illnesses such as dementia, diabetes and arthritis – all clinical areas of strength at Mount Sinai Hospital, Joseph and Wolf Lebovic Health Complex. Through medical and scientific breakthroughs, incredible advances have been made, but living with chronic disease can pose great challenges for patients.

Cancer as a Chronic Illness

With great advances in cancer care, there is greater hope than ever that we may be able to one day treat certain types of cancer as a chronic disease – one that can be managed throughout a patient's life. However, we are not there yet.

Every day, clinicians at our **Christopher Sharp Cancer Centre** treat cancers that can be challenging, fast-spreading and complex -- breast, bladder, prostate, gastrointestinal, endocrine, gynaecologic, opthalmologic and head and neck, as well as sarcomas. We are at the forefront of innovative treatments, surgeries and research that provides connected care for those facing this life-changing diagnosis.

In many cases, our patients never have a recurrence, or when they do, we can manage the cancer. But there are still too many patients who will not recover from their cancer. Jennifer Landa is one of those patients. And she is determined to help transform the future of cancer care by sharing her story.

Jennifer Landa's Story

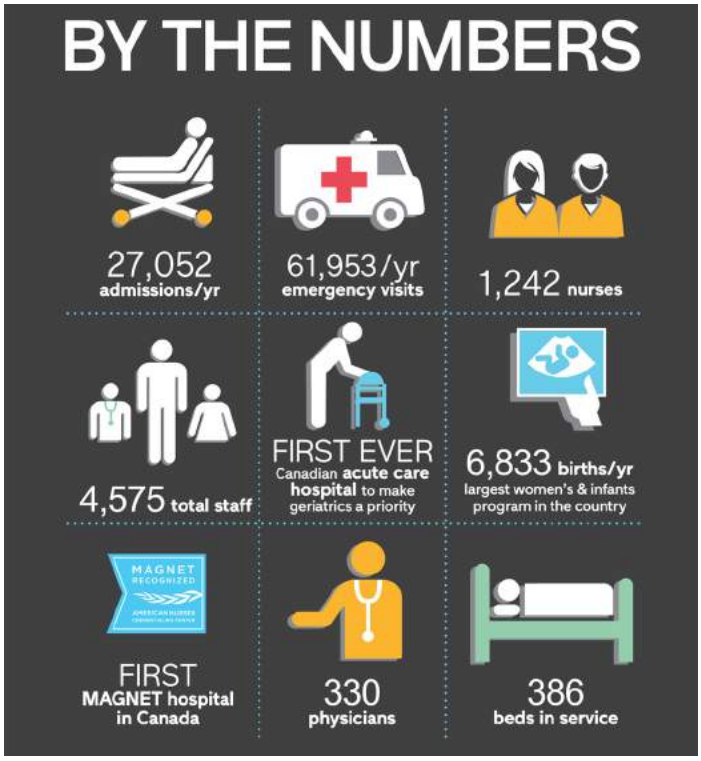
After more than a year of living breast cancer-free, Jennifer is facing a terminal diagnosis. In August, Jennifer was having trouble breathing; a CT scan revealed that her cancer had returned, and spread. Her doctors at the Marvelle Koffler Breast Centre developed a treatment plan to give her as much time as possible.

Then, in early October, she began to experience unusual tremors in her left arm and leg. Within an hour she was vomiting and could barely walk.

Her elder brother Michael brought her to the Schwartz/Reisman Emergency Centre at Mount Sinai, where clinicians treated her symptoms. In her follow-up appointment with Dr. Pamela Goodwin, Director of the Marvelle Koffler Breast Centre and the Murray & Marvelle Koffler Chair in Breast Research, a CT scan was ordered, and she was admitted to the hospital, where she also had an urgent MRI. The tests revealed that the twitching was due to a localized seizure caused by one of 10 tumours in her brain.

After a few days in the hospital, Jennifer returned home, grappling with her latest diagnosis that she had just months left to live. Jennifer has faced her cancer journey with courage and grace and the determination to help others in the time she has left. Jennifer is leading her own fundraising campaign to raise money through her vast network of loved ones and supporters. To date, she has raised almost $150,000 to support the Marvelle Koffler Breast Centre.

"Jennifer has been a shining light," says Dr. Goodwin. "She is strong and gracious and much loved and appreciated by the staff and other patients for her sense of humour, her *joie de vivre* and her unfailing ability to positively impact everyone around her. She has become an important champion for our breast centre and for countless other patients living with this unpredictable disease."



BRIDGEPOINT ACTIVE HEALTHCARE

"We translate this frightening new experience for the patient. If we do it well, we provide reassurance and comfort and good information to our loved one. And we can provide the health care team with an understanding of the patient and his or her needs." Marilyn, family caregiver

SUPPORTING CAREGIVERS IN OUR COMMUNITY

COMMUNITY SUPPORT

After suffering a fall which tore the tendon in his quad, Bernie Syron required surgery and was transferred to Bridgepoint for rehabilitation. From his light-filled room, to the tranquility of the rooftop garden, Bernie's stay was unlike his experience at any other hospital. "Bridgepoint is quite exceptional," says Bernie. "I've never seen so many people dedicated to making someone get better. Bernie stayed at Bridgepoint for over three weeks to regain his mobility. Inspired by the care he received, Bernie made a donation to support caregivers to help patients transition from hospital to home.

In the fall of 2013, Michael Posluns was stricken suddenly with a mysterious and debilitating illness that was eventually diagnosed as West Nile Virus. Since that time, Michael has been a complex continuing care patient on the Neurological Care Unit at Bridgepoint Active Healthcare. While Michael was becoming a long-term patient, his partner Marilyn Eisenstat found herself in a new role: family caregiver.

Marilyn wore many new hats: translator, navigator, and advocate.

Her experience, like that of many other family caregivers across the province, is why Sinai Health System has embarked on a new project to support them. The three-year project, the *Caregiver Friendly Hospital and Community Hub*, is a partnership with WoodGreen Community Services and made possible with a $2.6 million grant from The Change Foundation. The goal is to commit to a common vision of creating a caregiver-friendly experience, where no caregiver is left behind, in hospital or in the community. The project will be based at the Bridgepoint campus, with the goal of translating the work across Sinai Health System.

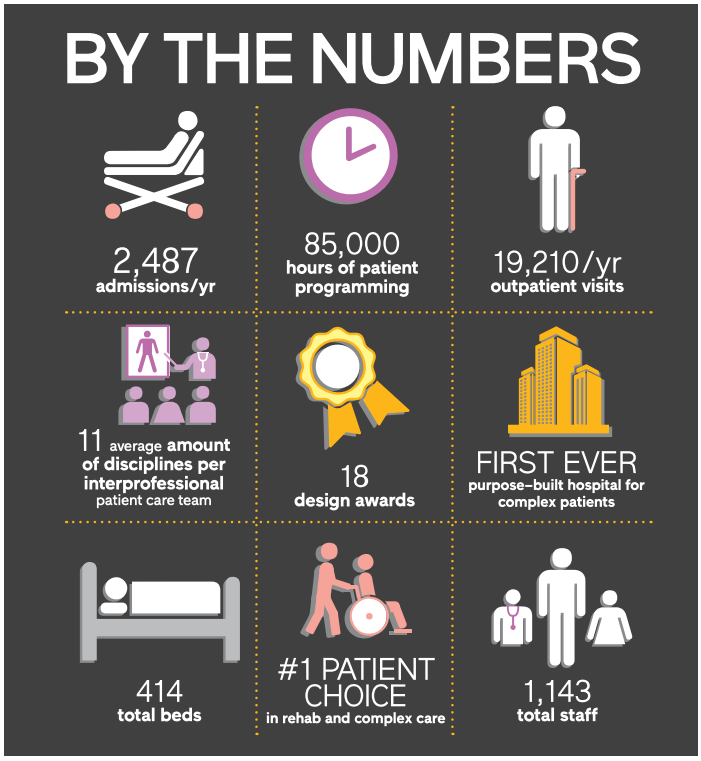
During a family caregiver outreach and engagement event, we heard directly from them about the need to improve the family caregiver experience. Marilyn, who participated in the session, noted, "The event and interaction with staff and other caregivers allowed me to pause and reflect on the uniqueness of each of our situations, as well as the shared experience."

Family caregivers can provide a significant wealth of knowledge about a patient or client's care needs. "Ensuring that every family caregiver is brought into the circle is, in essence, a step we can take to improving patient and client outcomes within our organizations," says Lily Yang, Sinai Health System's Director of Quality and Patient Experience. "We want to build our staff's mindfulness, engagement and communication skills to bring family caregivers into the circle of care, because we believe it is through these important interactions that we can engage and support our family caregivers."

Instrumental to our caregiver initiatives is wrapping this clinical work with research enabled by the Lunenfeld-Tanenbaum Research Institute's Collaboratory for Research and Innovation.

Dr. Kerry Kuluski, a Research Scientist in the Collaboratory, has been collecting patient and caregiver stories for many years, "A recurring theme in these stories is that the care provided doesn't line up with the needs of people, and caregivers often feel ignored and overwhelmed," says Dr. Kuluski. "The challenge is that collaborating with patients and caregivers in research and clinical practice is unchartered territory. This grant allows us to kick-start new and innovative ways of delivering care that is more meaningful for people."

Marilyn is equally excited about how the *Caregiver Friendly Hospital and Community Hub* will put the spotlight on caregivers. "The project pfrovides the opportunity to make the family caregiver feel recognized and respected. If we fulfill our own roles with better knowledge, support and confidence, everyone benefits."



CIRCLE OF CARE

"Each home care visit acts as a preemptive intervention that can prevent a trip to the emergency room, a hospital readmission and a long stay in Alternate Level of Care (ALC)," says Carey Lucki, CEO, Circle of Care and Vice President, Sinai Health System.

THERE'S NO PLACE LIKE HOME

COMMUNITY SUPPORT

Ensuring older adults continue to live in the community with independence and dignity is the motivation behind the Waugh Family Foundation Subsidy Assistance Program. Through this grant, clients and caregivers with limited income may qualify for funding to cover additional services like homemaking, personal care, caregiver relief, Kosher Meals on Wheels, transportation, and programming through the Day Centre for Seniors with Alzheimer's and Dementia. As a result, isolated seniors have an opportunity to socialize and ensure their basic needs are met and family caregivers benefit from extra support.

Recent news headlines and government initiatives have clearly identified how Canada's rapidly aging population is already testing the limits of a health-care system that is struggling to keep up. For 42 years, Circle of Care has been continually innovating services and supports that help keep older adults out of hospitals and long-term care facilities, allowing them to live more comfortably and independently at home.

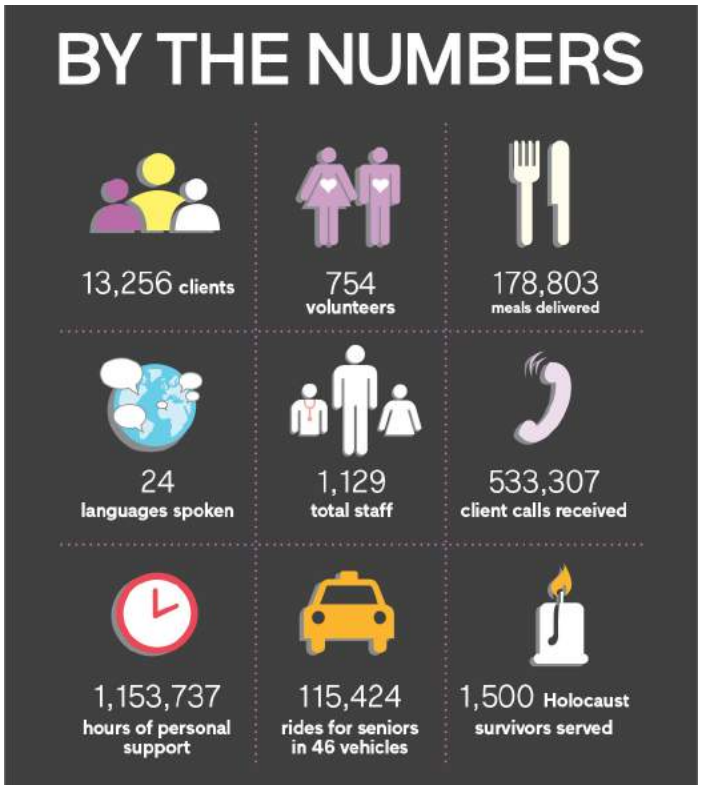
Last year alone, Circle of Care provided clients with more than one million hours of personal support services, including bathing, hygiene, dressing, light housekeeping and meal preparation. "Each home care visit acts as a preemptive intervention that can prevent a trip to the emergency room, a hospital readmission and a long stay in Alternate Level of Care (ALC)," says Carey Lucki, CEO, Circle of Care and Vice President, Sinai Health System. "Our team of personal support workers, social workers and nurses are trained to spot subtle changes in a client's general health and their overall ability to cope. If a client begins to decline, we follow up immediately to make sure the appropriate next steps are taken."

Transitioning Back Home

For older adults who do end up in hospital, it can be common for patients and caregivers to feel anxious about the transition back home because they don't know how to access the community supports that will aid in their recovery. To help address this gap, a collaborative pilot program was launched at Mount Sinai Hospital that leverages Circle of Care's home care expertise. Through a generous donation from the Max and Larry Enkin Family Foundation, a community social worker from Circle of Care was assigned to Mount Sinai as a dedicated Social Work Care Navigator. In this role, Revital Shuster works with patients and families pre- and post-discharge to make sure the appropriate community supports are put in place to ensure a successful transition home, and to reduce the risk of readmission. "We know that patients ultimately want to be back home with their loved ones," says Ms. Shuster, "but it can be overwhelming to figure out who to call for help." By connecting people to resources and advocating on their behalf, the transition from hospital to home is being significantly improved."

Promoting Independence at Home

Circle of Care also continues to innovate its services to help balance health inequities across a diverse client population. This year, the successful Kosher Meals on Wheels program, heavily supported by volunteers from the community, celebrated its 50th anniversary. More than just a nutritious meal, each delivery helps to combat the effects of social isolation for these clients, many of whom are Holocaust survivors. "For some individuals, the meal delivery might be the only social interaction they have all day," says Ms. Lucki. "In situations like these, it becomes much more than just a meal delivery – it's a friendly chat, it's a safety check and it's a connection to the outside world."



LUNENFELD-TANENBAUM RESEARCH INSTITUTE

"We recently discovered biomarkers that can predict the risk of pre-term birth," explains Dr. Stephen Lye.

IMPACTING THE HEALTH OF MOMS AND BABIES

COMMUNITY SUPPORT

Last fall, Sinai Health Foundation hosted its marquee event Dinner with Scientists presented by PearTree Financial to a crowd of more than 400 guests from the philanthropic and business community to benefit the Lunenfeld-Tanenbaum Research Institute (LTRI). The evening began with a VIP Reception hosted by PwC. For the main event, Arianna Huffington was the keynote speaker followed by an expert panel sponsored by Gluskin Sheff featuring our LTRI scientists who discussed how important connections lead to discoveries. Special thanks to our co-chairs Stacey Cynamon, Laura Dottori-Attanasio and Judy Tanenbaum.

Lunenfeld-Tanenbaum Research Institute (LTRI) is home to Canada's largest neonatal research program in Canada. Our researchers and clinician-scientists are at the vanguard of research that will have an impact on the health of mothers and their babies both nationally and internationally.

Impact of Early Childhood Development Research to be felt internationally

It is estimated that 250 million children do not reach their developmental potential because of malnutrition and poverty. To address this issue, Dr. Stephen Lye, Mount Sinai Hospital Auxiliary Chair in Women's and Infants' Health Research, and his colleagues at the LTRI have developed vital new guidelines about how to best support early childhood development in lower and middle income countries.

"Traditionally, we have tried to address the issue with programs such as food-aid, parenting programs or child protection programs. But what our research is telling us is that we need to break down these individual pillars and think about supporting children's health more broadly and comprehensively," says Dr. Lye.

This past spring, Dr. Lye and his colleagues led an initiative to bring national leaders together in Ottawa to review their team's findings. They also launched the Alliance for Human Development to advance research on the critical importance of the first 2,000 days of life on a child's life-long health and wellbeing.

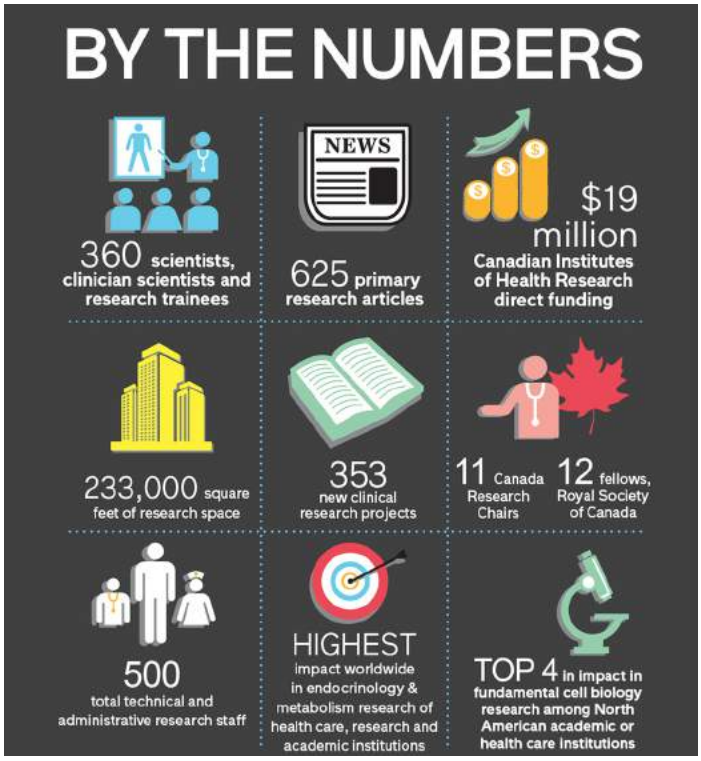
More Precise Prenatal Testing

Two thirds of the pregnancies cared for at Mount Sinai Hospital are considered to be high risk. For this patient population, risks such as pre-term birth, or a potentially deadly condition called preeclampsia, are always on the radar, and researchers are looking for ways to identify warning signs that allow for interventions as early as possible in pregnancy.

Based on research conducted by Dr. John Kingdom, Associate Scientist at the LTRI, and Maternal-Fetal Medicine Specialist at Mount Sinai Hospital, pregnant women at Mount Sinai now have a new blood test available to them for the detection of preeclampsia.

"The Placental Growth Factor (PIGF) test tells us very specifically what the risk is so we can determine the right level of care. If we are able to rule out preeclampsia, we can avoid a hospital admission or inducing an early birth unnecessarily. If we identify a risk, we can act quickly," explains Dr. Kingdom.

In addition, Dr. Lye finalized an agreement this year with BGI, one of the world's largest genomics companies, to develop new diagnostic tools. "We recently discovered biomarkers that can predict the risk of pre-term birth. It is our hope that this new partnership will open the door to new markers for a number of conditions that affect both the mother's and baby's health," explains Dr. Lye.



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Christopher Dundas
Trudy Eagan
Geoffrey Gouinlock
Tierney Read Grieve
Donna Harris
Dr. Edward Keystone
Farah Nasser
Dr. Jorge Sanchez-Guerrero
Craig Shannon

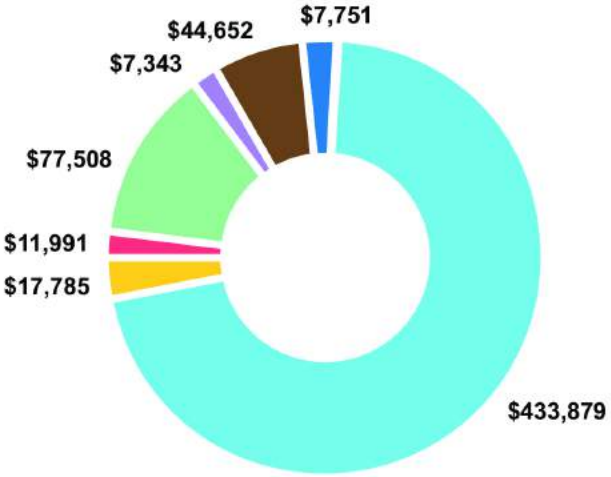
Past Chair
Marc Milgrom

Treasurer
Donald Mackinnon

Sinai Health System

OUR FINANCIALS

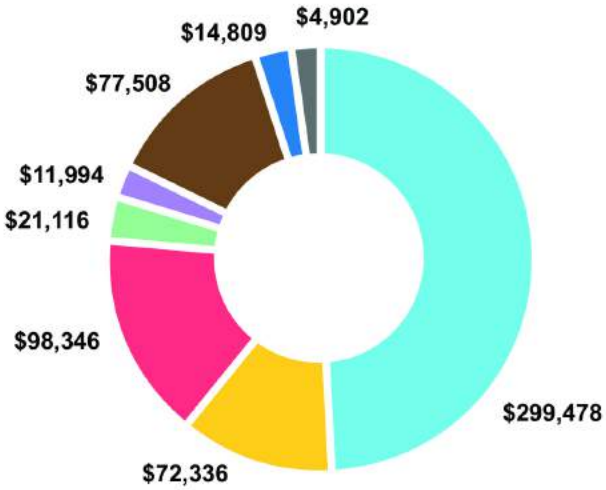
The following charts show the distribution of revenue and expenses for Sinai Health System for 2016/17. Audited financial statements are available on our website.



Income ($000's)

(For the year ended March 31, 2017)

- Ministry of Health and Long-term Care
- Patient revenue
- Preferred accomodation
- Research funding
- Commercial
- Other revenue and recoverables
- Amortization of deferred contributions for equipment



Expenses ($000's)

(For the year ended March 31, 2017)

- Salaries and wages
- Employee benefits
- General supplies and other
- Medical and surgical supplies
- Drugs
- Research
- Amortization of equipment
- Interest

Sinai Health Foundation

ENDOWMENTS

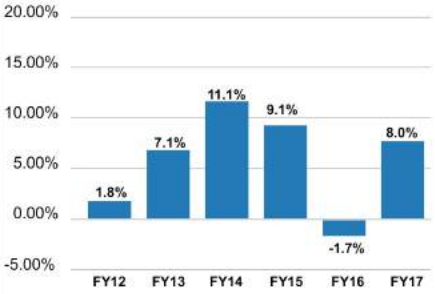
Endowments play an instrumental role by providing long-term investment with lasting impact. The Sinai Health System Investment Committee's objective is to preserve the real value of capital while providing a stable and reliable source of income to Sinai Health System.

Sinai Health Foundation

Asset Allocation at Market Value as at March 31, 2017 (CDN $ '000s)

Endowment Fund Investments	Cash Equivalents	Bonds	CDN Equities	US Equities	Int'l Equities	Alternative Strategies	March 31, 2017 Total
Total Amount	12,168	23,347	18,725	24,375	1,072	22,769	102,456
% of Portfolio	11.90%	22.80%	18.30%	23.80%	1.00%	22.20%	
Managers		PH&N State of Israel	Barometer TD Wealth-RBC Pembroke	Barometer TD Wealth-iShares Pembroke	Barometer	Harbour Edge Polar Altairis UBS Masterfund	

Portfolio Returns
(Investment Returns-Endowments)



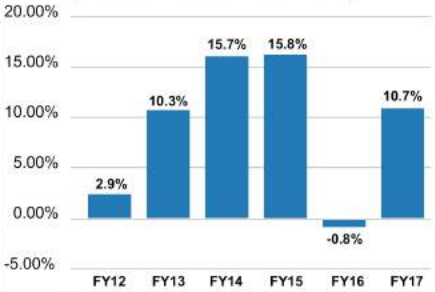
The average return over the past six years has been approximately 5.8%

Bridgepoint Foundation

Asset Allocation at Market Value as at March 31, 2017 (CDN $ '000s)

Endowment Fund Investments	Cash Equivalents	Bonds	CDN Equities	US Equities	Int'l Equities	Alternative Strategies	March 31, 2017 Total
Total Amount	207	1,403	899	1,410	689	-	4,608
% of Portfolio	4.49%	30.45%	19.51%	30.60%	14.95%		
Managers		Jarislowsky Fraser Limited					

Portfolio Returns
(Investment Returns-Endowments)



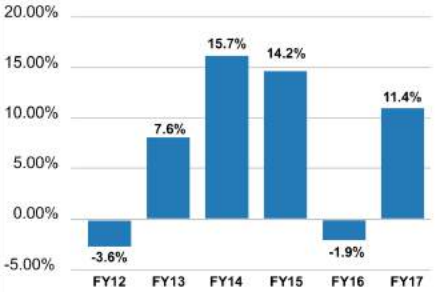
The average return over the past six years has been approximately 6.4%

Arthritis Research Foundation

Asset Allocation at Market Value as at March 31, 2017 (CDN $ '000s)

Endowment Fund Investments	Cash Equivalents	Bonds	CDN Equities	US Equities	Int'l Equities	Alternative Strategies	March 31, 2017 Total
Total Amount	670	8,058	6,404	4,814	2,525	-	22,471
% of Portfolio	2.98%	35.86%	28.50%	21.42%	11.24%		
Managers		MFS					

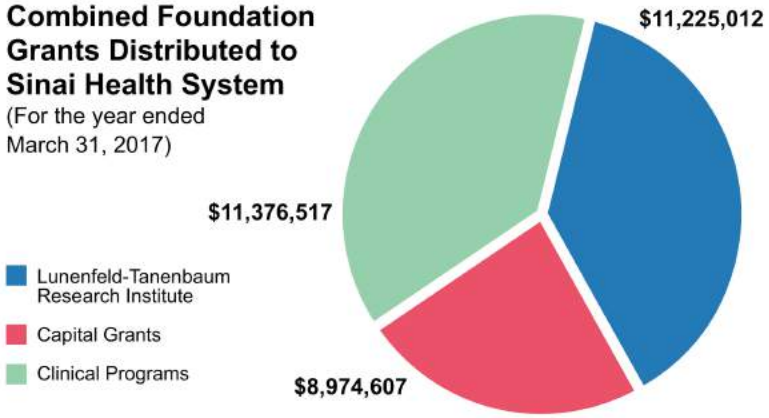
Portfolio Returns
(Investment Returns-Endowments)



The average return over the past six years has been approximately 6.8%

Combined Foundation Grants Distributed to Sinai Health System

(For the year ended March 31, 2017)



SINAI HEALTH FOUNDATION

"Every donation to Sinai Health Foundation, no matter how big or small, makes a difference for our patients. We are so thankful to our community for improving patient care and investing in research in the most meaningful, important and urgent ways." – Dr. Gary Newton, President & CEO, Sinai Health System

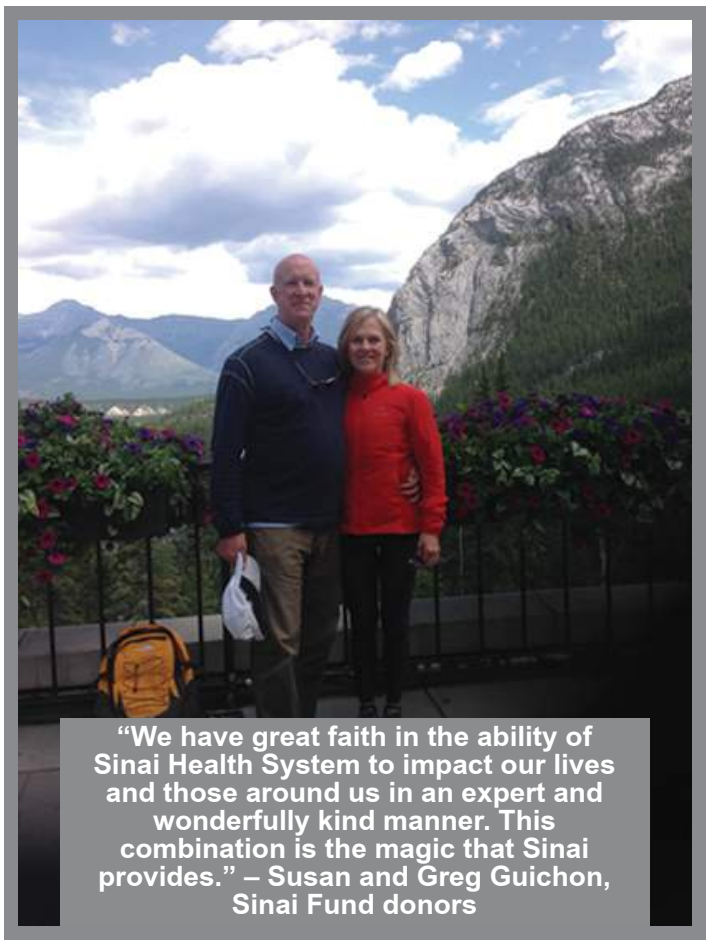
WHERE YOUR GIVING CONNECTS

Sinai Health System is forging connections that make health care more seamless, accessible and person-centred for all our patients and their loved ones – connections made possible through the support of our generous donor community.

Every year, our donors support Sinai's mission in a variety of meaningful ways: through annual and monthly giving, fundraising events and gifts of all sizes in support of caregivers, clinical programs or research initiatives. Each and every gift is deeply appreciated and plays a critical role in helping us care for our present and future patients.

Some of the most impactful donations we receive come through the Sinai Fund and the Breakthrough Fund. These funds – by pooling together the undesignated contributions of thousands of donors – amplify the impact of each donation, and help ensure our clinicians, researchers and staff are able to do the vital work we've become renowned for: providing exceptional patient care and leading breakthrough discovery science research that improves patient care outcomes.

Last year's contributions to these funds included annual gifts from over 10,000 donors totaling more than $2 million, as well as larger philanthropic gifts from individual and corporate donors. Together, these gifts allow us the flexibility and opportunity to support a wide range of initiatives crucial to the success and future of Sinai Health System.



"We have great faith in the ability of Sinai Health System to impact our lives and those around us in an expert and wonderfully kind manner. This combination is the magic that Sinai provides." – Susan and Greg Guichon, Sinai Fund donors

A WORD FROM OUR CO-CHAIRS

The past year has been a time of extraordinary change and renewal for Sinai Health Foundation. We are excited to be partnering with Dr. Gary Newton, newly appointed last year as CEO of Sinai Health System, and Brent Belzberg, who last year became Chair of Sinai Health System's Board of Directors, to help advance Sinai's commitment to deliver seamless, connected care to patients with even the most complex health needs and to lead groundbreaking research that will ultimately transform the way we prevent, treat and understand disease.

With the support of our valued donors, we have begun laying the crucial groundwork that will enable us to best support Sinai's mission in the years ahead. To that end, we are engaging our community around Sinai's most pressing initiatives, and we continue to support Bridgepoint Foundation in collaborating with longtime donors to advance Bridgepoint Active Healthcare's unparalleled leadership in caring for complex patients. In December, we welcomed Arthritis Research Foundation to our Sinai Health Foundation family as the sole fundraising arm for arthritis and autoimmune disease research for Sinai Health System. Through these partnerships, we are amplifying our ability to strategically support the goals and priorities of the entire system and the patients and families who depend on us for their care.

We are deeply grateful to Joseph Mapa, who stepped in last year to helm Sinai Health Foundation, for his exceptional interim leadership, and for the generous and unshakeable support of our community of donors, staff, board members and volunteers. We look forward to working with all of you in the coming months and years to champion Sinai's vision to improve the health of all Ontarians.

David Cynamon & Howard Sokolowski O. Ont.
Co-Chairs, Sinai Health Foundation Board of Directors

Extraction of DNA from agarose gels, in Dr. Andras Nagy's Lab at the Lunenfeld-Tanenbaum Research Institute.

RESEARCH & CARE + YOUR DONATION =

Hope and healing for our patients

Impact Highlight: The Sinai Fund

The Sinai Fund supports Sinai Health System's highest and most urgent clinical priorities: modernizing clinical facilities, fueling medical research and promoting system-wide innovation to drive better, more coordinated care for patients and families – all of which are essential to Sinai's mission to become Canada's leading integrated health-care system.

Over the past year, donors have supported the Sinai Fund in many powerful and unique ways. On June 9, 2016, members of Toronto's Chinese community raised over $130,000 for the Sinai Fund through our first annual Sinai Radiothon, a live fundraising broadcast from Mount Sinai Hospital, Joseph and Wolf Lebovic Health Complex. For the event, which attracted 500 new donors to the Sinai community, Sinai partnered with Fairchild Radio, a Chinese radio station, to share stories of impact – broadcast in Cantonese and Mandarin – from patients, staff, donors and volunteers from across Sinai Health System.

In September, the second annual CEO Trip to New York raised more than $400,000 to further propel the work of Sinai Health System and was co-chaired by long-time supporters Brian Porter and Larry Tanenbaum O.C., the two-day event brought a select group of business leaders together to meet some of the world's most interesting people from four-star general and former CIA Director David H. Petraeus to former British Prime Minister Tony Blair.

Impact Highlight: The Breakthrough Fund

The Breakthrough Fund supports the highest priority needs of the Lunenfeld-Tanenbaum Research Institute (LTRI), one of the world's foremost biomedical research institutes. The Breakthrough Fund enables us to invest in research programs, post-doctoral talent, infrastructure, technology and equipment that isn't publicly-funded and take advantage of new opportunities to advance medical research in fields from cancer to brain health.

For over 30 years, the LTRI has advanced our understanding of human biology, integrating research into the clinical setting to combat today's most prevalent diseases. But because government funding does not fully support all of the costs associated with such groundbreaking research, a further $2,500 of philanthropic support is needed to fuel each hour of research. Breakthrough Fund donors like Anneliese Viveiros and Moti Jungreis help to fill that gap, enabling the LTRI to make discoveries that ultimately result in better ways to prevent, diagnose and treat illness.

Following her first contribution through Mount Sinai Hospital's Annual Giving program in 1992, Anneliese Viveiros had quietly reflected on how she could make a bigger impact. In December, she made an extraordinary gift to help support the costs associated with running the lab of Dr. Andras Nagy, Shawn Kimel Research Scientist, who is leading world-renowned stem cell research that has the potential to reverse the ravages of disease.

Moti Jungreis, who has served on Sinai Health Foundation's Investment Committee since 2015, made a significant gift earlier this year in support of the Breakthrough Fund. "As a member of the Investment Committee, I help the Foundation make thoughtful, strategic investments that create opportunities for continued growth and success. I see my gift to the Breakthrough Fund as very much the same thing. An investment that supports research today will help ensure better outcomes for patients in the future. I can't think of a more meaningful way to support Sinai," says Moti.

Thank you to our visionary donors for their lifetime commitment to Mount Sinai.

Sinai Health Foundation makes every effort to assure accuracy in its donor listing. However, should an error or omission occur, please contact the Foundation office at 416-586-8203

This list represents donors whose cumulative lifetime commitments total more than $100,000 as of March 31, 2017.

$50,000,000

The Joseph and Wolf Lebovic Charitable Foundations

$20,000,000 - $49,999,999

Warren & Debbie Kimel and Ron & Vanessa Kimel
The Samuel Lunenfeld Charitable Foundation
Mount Sinai Hospital Auxiliary
Gerald Schwartz & Heather Reisman
Isadore & Rosalie Sharp
Larry & Judy Tanenbaum

$10,000,000 - $19,999,999

Lawrence & Frances Bloomberg
Ira Gluskin & Maxine Granovsky Gluskin
Hold'em for Life Charity Challenge
Katz Group Canada Inc.
Murray & Marvelle Koffler
Albert and Temmy Latner Family Foundation
The R. Samuel McLaughlin Foundation
Miles & Kelly Nadal and Family
Barry & Honey Sherman
The Slaight Family Foundation

$5,000,000 - $9,999,999

The Brazillian Ball
Estate of Benjamin Herbert Birstein
BMO Financial Group
Sydney & Florence Cooper and Family
John & Myrna Daniels
Phillip & Peggy DeZwirek
Ken & Rachel Flood
Estate of Louis Frieberg
Linda Frum & Howard Sokolowski
Newton Glassman Charitable Foundation
Peter & Shelagh Godsoe
Jay & Barbara Hennick and Family
Krembil Foundation
The Reichmann Family
RioCan Real Estate Investment Trust
Robert Rubinoff
Scotiabank

$2,500,000 - $4,999,999

Brent & Lynn Belzberg
Boehringer Ingelheim
CIBC
Ricky & Peter Cohen and Lillian z"l & Jack Stupp z"l
David & Stacey Cynamon
David, Mark, Robert, Zev and Peter Daniels
Ira & Irving Gerstein
The B.I. Ghert Family Foundation
Heart & Stroke Foundation
Kenair Apartments Ltd. /Ken & Helen Rotenberg
Thomas E. Kierans & Mary L. Janigan
The Fred A. Litwin Family Foundation
Rebecca MacDonald
The Pilosof Family
Ellen & Martin Prosserman and Family
RBC Foundation
The Schulich Foundation
Alex Shnaider
Peter A. Silverman, Q.C.
TD Bank Group
Variety - The Children's Charity
John & Josie Watson
Anonymous

$1,000,000 - $2,499,999

Estate of Helen Babad
Bayer Healthcare
Esther & Henry Bernick
Bruce & Betty Birmingham
Geoffrey Bledin
Michael Bregman & Yetta Bregman and Family

Joseph Burnett
CDF Foundation
Morey & Jennifer Chaplick
ConDrain Alfredo, Angelo & Antonio DeGasperis Families
The Dan Family
Camille Dan Family
Delaney Capital Management Ltd.
The Drimmer Family
Element Fleet Management
Goldie Feldman
Kenny Field and Vivian Berman
Morgan Firestone Foundation
Robert & Maxine Fish
A & B Fogel Foundation
Patricia & Richard Fogler
George & Judy Frankfort
Sydney G. Frankfort
The DH Gales Family Charitable Foundation of Toronto
The Frank Gerstein Charitable Foundation
Sam Gertner and Family
Michael & Libby Goldgrub
Lorne & Carol Goldstein
David Goodman Youth Community Trust
Ned Goodman Family
The Honourable Jerry & Carole Grafstein
Al & Malka Green
The Miriam & Harold Green Family Foundation
Grundleger Family
The Hanson Family
The Harweg Foundation
Helene Wollner Haynes & Peter Paul Haynes
George & Linda Heller
Kwok Yuen & Betty Ho
Howard Hughes Medical Institute
Dr. Jay Charitable Foundation
Jack & Buschie Kamin Foundation
The Ben and Hilda Katz Charitable Foundation
Bertha Kerbel
Manny Kimel and Family
Shawn R. Kimel
The Kurtin Family
Christopher & Grace Kwong
Stephan & Sophie Lewar
Phil Lind and Family
Jeffrey & Beverly Lipson and Family
Magna International Inc.
In Memory of Earl Mandell
Rob & Cheryl McEwen
Alan & Elise Mecklinger and Family,
Sheldon & Sema Mecklinger and Family
Carol Mitchell & Richard Venn
Mount Sinai Department of Obstetrics & Gynaecology
Mark & Natty Nashman
National Bank Financial Group
The Oakdale Golf & Country Club George Knudson Pro-Am
Zippora & Mark Orland
Nancy Pencer and Family
Sam & Judy Pencer and Family
Pfizer Canada Inc.
The Posluns Family
Stephen & Suzie Pustil and Family
Anton & Ilana Rabie
Lea Reichmann
The Cyril & Dorothy, Joel & Jill Reitman Family Foundation
Melinda Rogers & Eric Hixon
Barrie D. Rose & Family
Albert Ross and Barbara Ross
In Memory of Gerald & Norman Roth
David & Rachel Rubinoff Family
Sage Investments Limited/Maxwell & Heather Gotlieb
The Salter Family
The Savlov Family
Estate of Ruth Lynne Schacter
Thomas & Marjorie Schwartz
The Family of Helen Oelbaum Simpson
Ada Slaight
The Philip Smith Foundation
Edward & Fran Sonshine
Joseph & Mildred Sonshine Family
Max & Anne Tanenbaum
Moray & Joanne Tawse
Mark & Stephanie Valentine
Lionel & Sandra Waldman and Family
Marla & Larry Wasser
The Jack Weinbaum Family Foundation
Welded Tube of Canada
Judy Wells
Marlene & Lewis Whiteson
Chuck & Libby Winograd
The Max and Beatrice Wolfe Charitable Foundation
The Ray D. Wolfe Family
Graham & Gale Wright
Estate of Peter Ziegler
Anonymous (8)

$500,000 - $999,999

ABBVIE
Elkie & Abbie Adler
Amalgamated Transit Union Local 113
AstraZeneca Canada Inc.
Bell Canada
The Bennett Family Foundation
In Memory of Reuben Brant
The Edward M. Bronfman Family Foundation
Canadian Technion Society
Covidien
Robert D. Cudney
The Curtin Family
Eli & Anita Dadouch and Family
Dental Corporation of Canada Inc.

Joe and Maria Di Geso
Mario, Karen, Dylan, Kiri and Cody Elia
EY
Estate of Ivana Farrar
Saul & Toby Feldberg and Family
The George Fine Family
Lloyd & Gladys Fogler
Estate of Jack Morris Freiman
George & Kay Goldlist and Family
The Goldman Family in Memory of Avery Goldman
Goodmans LLP
Great-West Life/London Life/Canada Life
The Family of Dr. Gordon Greenberg
Alexander E. Grossman Foundation
Estate of Helen Dickson Barclay Harris
Estaste of Emma Hawker
The Hedwig Walch Charitable Foundation
In Honour of James Graham Hunter
Imasco Limited
Imperial Oil Limited
Suzanne Ivey Cook
Janssen-Ortho Inc.
Joint Department of Medical Imaging
The Kavelman Fonn Foundation
The Kohn Family
Koschitzky Family
The Kuhl Family
Robert Lantos
Doris & Harold Mack
Mark & Lindy Mandelbaum
Minto Foundation Inc.
Mount Sinai Hospital Department of Medicine
Mount Sinai Hospital Department of Pathology & Laboratory Medicine
Mount Sinai Hospital Department of Surgery
Purdue Pharma
Julius Revich
Jeff & Lori Rosenthal and Family
Jeff Rubinoff
The Samuel Sarick Family
Sarcoma Cancer Foundation of Canada
The Albert D. and Gary L. Segal Charitable Trust
Monty & Judy Simmonds
Southbridge Capital Inc. and Southbridge Health Care LP
Sun Life Financial
The Wayne Tanenbaum Charitable Foundation
University Health Network - Department of Medicine
Frederic & Linda Waks and Family
Dr. Paul & Sandra Walfish and Family
Michael & Lea-Anne Wekerle
Bert & Marilyn Winberg and Family
Windfields Farm Limited
The Walter & Helen Zwig Family
Anonymous (4)

$250,000 - $499,999

Peter Aceto & Sylvia Sutej
The Alva Foundation
The Appel Family to Honour Bram & Bluma Appel
The Atkinson Charitable Foundation
Max Bell Foundation
Joseph & Helen Berman
Vivian Berman
George & Betty Bernstein
Brampton Brick Limited
Sam & Rita Bresler and Family
The Bridle Bash Foundation
Brookfield Asset Management
Roel & Dorothy Buck
Canadian Breast Cancer Foundation
Leonard & Gilda Caplan and Family
Cara Operations Limited
The CGOV Foundation
In Honour of Rose Cheevers
Molly & Louis Chesler
Arthur & Essie Cohen
Colon Cancer Canada
Michael Cooper, Krystal Koo and Family
James H. Cummings Foundation
Deloitte LLP
Reuben & Helene Dennis
Stephen & Karen Diamond
Eli Lilly Canada Inc.
Elte/The Metrick Family
Max and Larry Enkin Family Foundation
Fairmont Hotels and Resorts
David & Angela Feldman
Minda Feldman
Gary & Tamara Fine
Danny & Laurel Fleisher
Four Seasons Hotels and Resorts
Joe & Budgie Frieberg
Harvey & Leah Fruitman

The Frum Foundation
Fujifilm SonoSite Canada Inc.
Ganz Family Foundation
Girish, Bharati, Ronak and Raj Ghatalia
Gluskin Sheff + Associates Inc.
Marilyn & David Gluskin
GMP Securities
Estate of Lei-Beng Goh
Gary & Linda Goldberg
Andrew & Aviva Goldenberg
Charles Goldhamer
Liliane & Roger Gozlan
Shirley Granovsky
Harold & Michael Gross & Families
Sheldon & Marie Gross and Family
Ciro and Caterina Gucciardi Charitable Foundation
Guild Electric Charitable Foundation
Ron & Deborah Haas
Richard & Pamela Hallisey
Ronnen Harary
Edie & Robert Harlang
The W. Bernard Herman Family
Hewlett-Packard (Canada) Co
Alan R. Hibben
Ben & Edith Himel Family
The Hofstedter Family Charitable Foundation
HSBC Bank Canada
IBM Canada Ltd.
Israeli Cancer Research Fund
The Richard Ivey Foundation
David Kassie & Susan Harris and Family
Labatt Breweries of Canada
Moti Jungreis
Estate of Joseph Kerzner
Estates of Rebecca & Samuel Lebovitz
Manulife Financial
MasterCard Canada Inc.
The Mayvon Foundation
Margaret & Wallace McCain
Estate of Patricia Melley-Coolahan
In Memory of Elinor Melville
Mendelson Family Foundation
The Menkes Family
Stephen & Risa Miller and Family
David Morrison & Joanne Cohen
Mount Sinai Emergency Associates
Mount Sinai Hospital Psychiatry Associates
Katherine A. B. Newman
Louis & Minnie Pearl and Family
Andrew G. Phillips & Cathy Houston
George, Marley & Rick Pollock
Abe & Elsie Posluns and Family
Estate of Gail Posluns
PwC
Morton & Carol Rapp
Raymond-Edward Foundation
Mark Rivkin & Jenny Solursh
Estate of Annie Robinson
Martin Rosenthal
Estate of Toby Roth
Janis Rotman
Penny Rubinoff
Sam the Record Man
Jordan & Shereen Sarick
Ruth & Leo Schacter
Schwarz Family
The Shandex Group
David Shaw and Gary Miller
Hinda & Allan Silber
Silver Family Charitable Foundation
The Singer Company
In Memory of Sam Sivitz
Howard Smuschkowitz
In Memory of Nikola Ziva Stanacev
Andrew & Gaye Stein
Jeannie & Harold Tanenbaum
Toby & Joey Tanenbaum
N.A. Taylor Foundation
TELUS Corporation
Rose & Noah Torno
Torys LLP
The Ullman Family
Under Armour Canada ULC
Irving & Sylvia Ungerman
Vale
Helen & Stan Vine
Anneliese Viveiros
R. Howard Webster Foundation
Fran & John Weir
The Henry White Kinnear Foundation
Mark Wiseman & Marcia Moffat
Anonymous (7)

$100,000 - $249,999

AIC Limited Young Scientists Fund
AIM Trimark Investments
Kenny & Julie Albert
Alliance Atlantis Communications
Estate of Ishbel Kate Anderson
Kym Anthony
A. Bram Appel
Asia Pacific Lifts (Canada) Ltd.
Aviva Canada Inc.
AXA ART
Sean C. Aylward
Lewis B. Baker
The Neil W. Baker Family
Arron Barberian & Linda Rodeck
Estate of Michael Barron
David M. Beatty
Estate of Margaret Linda Beck

Estate of Dorothy Georgina Bell
Eric & Sheryl Berke
Judi & Jason Berman and Family
JoAnne & Malcolm Bersohn
Murray Beynon and Family
J.P. Bickell Foundation
Fran & Herb Binder
The Norman Black Foundation
Leonard & Felicie Blatt
Florence King Bloomfield
Gary Bluestein Charitable Foundation
Rudolph & Catherine Bratty and Family
In Memory of Michael Braudo
Bregman+Hamann Architects
Karl & Hilde Breuer Family
Estate of Archie Brill
Brian Brisbin and Family
William Brody
Mr. & Mrs. Charles R. Bronfman
The Cadillac Fairview Corporation Limited
Canadian National Railways
Canadian Orthopaedic Foundation
Dr. Stanley & Lillian Cash
Cassels Brock & Blackwell LLP
Cerner Corporation
Grace Chan
G. Raymond Chang
Estate of Bernice Mae Christie
Sabina Citron
Beverley & Sam Cohen
George & Susan Cohon
Esther & Jack Cole
Concord Adex
Confederation Life Insurance Company
Murray & Louise Cornblum
Estate of John Derek Crawford
Kris Vikmanis & Denny Creighton
Bob & Gayle Cronin
CTV Inc.
Elaine Culiner
The Davidson Family
Davies Ward Phillips & Vineberg LLP
Mark & Susan Davis
Estate of Ruth Rae Davis
Dr. Ron Dembo and Family
Ephraim & Shirley Diamond
Morris & Gert Diamond
Dottori-Attanasio Family
Philip & Lisa Draper
Dusmet de Smours Family
Dylex Limited
The T. Eaton Company
Esty Edell and Family
Elliott & Wendy Eisen
Robert & Ellen Eisenberg
William & Celia Eisenberg and Family

Enbridge Gas Distribution Inc.
Morris & Herbert Epstein and Families
Estate of Naomi & William Ernst
Esso Resources Canada Limited
Export Packers Company/The Rubenstein Family
Barry & Varda Feiner
David & Elyssa Feldberg & Family
Jeffrey Feldberg & Waleuska Laso
Fengate
In Memory of Irene Helen Feuer
Jack Fine
First Capital Realty
Edward & Sylvia Fisch and Family
Ron & Susan Flam
Samantha Flannigan Memorial Golf Tournament
Gary & Barbara Fogler
Mario & Michele Forgione
Jeremy & Judith Freedman and Family
Fried, Frank, Harris, Shriver & Jacobson LLP
Patricia & Allan Friedland
General Electric Canada Inc.
Geo. A. Kelson Company Limited
Bryan & Davida Gerber
Sandra Gertner
GlaxoSmithKline Inc.
In memory of Max and Guta Glicksman
Brian Gluckstein
GMP Securities L.P.
Goldman Sachs Canada Inc.
Gilbert & Grace Goodman
Leonard & Alma Goodman
Sheldon & Lindy Goodman
Stanley & Rhonda Gordon and Family
Irving Gould & Family
Alan & Renee Gozlan
Great Gulf Group
Greenpark Group of Companies Ltd.
Joel & Ruth Greisman
Grocery Industry Foundation

Shane Grosman, Miriam Lubin & Family
Estate of Helen Grossman
Paul & Leah Grylak
Gregory & Susan Guichon
Yitzy Gunsburg, Fieldgate Homes
Jack Gwartz & Family
The Ralph and Roslyn Halbert Foundation
Stephen & Andrea Halperin
Estate of Frank Hardy
HBK Services LLC
Head and Neck Cancer Foundation of Canada
In Honour of William & Linda Hechter
Estate of Gertrude Helperin
Jacob & Dorothy Hendeles
Alison & Adam Hennick
Stuart & Marie Henry
Hartley and Steven Hershenhorn & Families
Zelda Hershenhorn and Family
David Hertzman & Marilyn Shesko
Shira Herzog - The Kahanoff Foundation
Tom Higgins
Hip Hip Hooray
Henry Dyce Howitt
Hudson's Bay Company
Hyatt Family Foundation
Imperial Optical Co. Ltd.
Estate of Sabina Jablonski
Ellis & Sharyn Jacob
Judy Jacobs & Mark Freedman
Elaine & Jules James
Estate of Edith Alice Johnston
Estate of Annaliese Jurock
David Kagan & Sons
Sarah & David Kaufman
K-Bro Linen Systems Inc.
In Loving Memory of Cathy Kelly
Marty Kelman & Gilda Tanz
Mildred & Ken Kelman
Miriam & Morris Kerzner
Anna & Thomas Koffler
Henry & Zelda Korenblum Family Foundation
KPMG LLP
Estate of Jean Kramer
Alexandra Sherman & Brad Krawczyk
KRG Children's Charitable Foundation
The Jennifer Landa Fund
Estate of Evelyn Lane
Louis Lasowsky
Estate of Joseph Laverty
Lederman Foundation
The LeFrak Family
Eleanor & Lorne Leibel
The Maxwell and Ruth Leroy Charitable Foundation
Leslois Shaw Foundation
Leukemia Research Fund of Canada
Levac Attack
Levy Brothers
Dr. Sheldon L. Levy
Mr. Alexander & Mrs. Sheila Libfeld
Jack & Jenny Lipson
Mark Liss & Sharon London Liss
L.I.U.N.A. Ontario Provincial District Council
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We are proud to recognize those individuals who have committed to including Sinai Health System in their estate plans. Gifts made by these dedicated donors will ensure we continue providing exceptional patient care and making innovative research discoveries for generations to come. Thank you.

This list represents confirmed membership in Legacy Sinai as of March 31, 2017.

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BRIDGEPOINT FOUNDATION

"By working closely with real patients and their families, and with teams of colleagues in our emergency, family medicine, general internal medicine and human rights and health equity departments, we can accomplish a great deal of research and often see the results pretty quickly," - Dr. Ross Upshur, Director, Collaboratory for Research & Innovation

WHERE RESEARCH AND COMPLEX CARE CONNECT

In Canada, many of our patients are living with multiple chronic and complex health issues, such as cancer, diabetes, heart conditions and mental health issues. These patients are now the rule, not the exception, and this trend will only increase as our population continues to age. Currently, our health-care system is setup to accommodate patients with one major illness or injury, not the patient with multiple health issues.

Bridgepoint Active Healthcare is the only healthcare organization in Canada, and internationally, dedicated to improving the lives of people with complex health conditions. Bridgepoint researchers are looking for ways to transform the healthcare system, so that we can give these patients the care they need more efficiently.

"Complex patients are a very challenging group to treat," says Dr. Ross Upshur, Director of the Collaboratory for Research and Innovation at Bridgepoint Active Healthcare and Assistant Director of the Lunenfeld Tanenbaum Research Institute. "They have multiple conditions and see a lot of different care providers. And they may be dealing with issues in their lives – like housing and food insecurity – that can negatively affect health. Treating them requires a different approach and we're working to find ways to deliver better care for them."

Bridgepoint is home to the Collaboratory for Research and Innovation part of the Lunenfeld-Tanenbaum Research Institute, the only research centre in Canada dedicated to the study of chronic and complex patients. Dr. Upshur and his team are exploring some of the fundamental issues of complex care to build a more comprehensive understanding. Their research, which often involves studying real patients with real problems as opposed to only aggregated anonymous data, is focused on trying to figure out what the best model of care is, how to measure its effectiveness and what tools healthcare professionals need to deliver this type of care.

But more research is necessary to effectively respond to complex patients' needs and work towards health system transformation. Donations to Bridgepoint Foundation ensure that this research remains at the forefront.

"We're seeing many people in their 40s and 50s who all have the risk factors for multiple complex conditions, and our research shows that once you enter your late life-course as a high health services user, you stay there," says Dr. Upshur. Wherever possible, we need to address their issues upstream, before they become complex patients."

A WORD FROM PAUL GALLAGHER

It's been another exciting year at Bridgepoint Foundation. As we improve lives of people with complex health conditions, Bridgepoint strives to be a leader in patient-centred care. Through research, we are looking for ways to transform the current healthcare system to give complex patients the care they need.

Bridgepoint was designed to best support the recovery of complex patients. This year, Bridgepoint and its architectural partners were awarded the prestigious Governor General's Medal in Architecture, the highest recognition for architecture in Canada. This award was very meaningful and recognized how state-of-the-art facilities and superior design can transform care.

Continuing our focus on patient-centred care, we introduced a new education program where staff learned from our patients. The interprofessional education (IPE) placement program invited students from a variety of disciplines to learn from each other and from patients, evoking rich discussions about the importance of integrating patients into the overall care team.

Our achievements and milestones of the past year would not be possible without the support of the community. This year, passionate cyclists rode for us in Hero Ride, and we dazzled donors at the 6th annual Great Jewellery Heist. These events continue to generate critical funds for Bridgepoint.

On behalf of Bridgepoint Foundation, I want to express my sincere gratitude for all of the generous donations and support this year. Because of valued donors like you, we are able to invest more funding into care, research and education to help improve the quality of life for our patients.

Paul Gallagher
Chair
Bridgepoint Foundation Board of Directors

Ian Lightstone

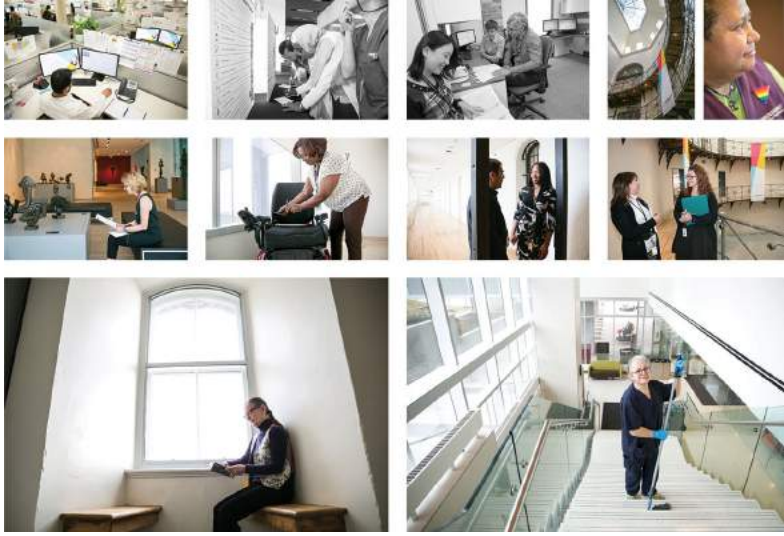
IMPACT HIGHLIGHT: THE JEREMY LIGHTSTONE INTERNET CAFE

The Internet Café is a vital link for patients at Bridgepoint, keeping them connected with loved ones. For several years now, the Lightstone family has been raising funds to dedicate the café in memory of their son Jeremy Lightstone.

Jeremy was an internet entrepreneur who passed away from cancer in 2011 at the age of 35, leaving behind his wife and young son. This year, his family reached their fundraising goal of $500,000 and renamed the café in his honour.

"The Jeremy Lightstone Internet Café truly reflects Jeremy's vision of the potential that the internet embodies," says Jeremy's father, Ian Lightstone.

Thank you to our visionary donors for their lifetime commitment to Bridgepoint.



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Thank you to our generous donors for the contributions they made this past year to Bridgepoint.

This list represents gifts and sponsorships made between April 1, 2016 and March 31, 2017.

** denotes a donor who made a new commitment of $10,000 or more during this fiscal year.*

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ARTHRITIS RESEARCH FOUNDATION
"I'm determined to live each day as best as I can. Research is a big part of why I still have hope." - Erinn McQueen, patient shown here with Dr. Edward Keystone, Director of the Rebecca MacDonald Centre for Arthritis and Autoimmune Disease
WHERE PATIENTS AND PRECISION MEDICINE CONNECT

Less than half a century ago, a diagnosis of rheumatoid arthritis was like a premature death sentence. It meant a life of restricted movement, disfigurement, severe chronic pain and hospitalization. But since then, knowledge about the illness has come a long way. In the last two decades alone, an explosion of clinical trials has led to a broader array of medications that keep symptoms and disease progression at bay.

Erinn McQueen is one of many rheumatoid arthritis patients who thrives for a period of time on a medication, but for reasons unknown, reaches a point when the same medication eventually ceases to work. A patient at Mount Sinai Hospital for 17 years, her journey began at age 21 when she was a star player on her university's varsity soccer team. All of a sudden she felt chronically exhausted and in pain. After several misdiagnoses, she was finally diagnosed with rheumatoid arthritis, thanks to a test that recognized a known biomarker in her blood, which shows up in about 70 per cent of cases.

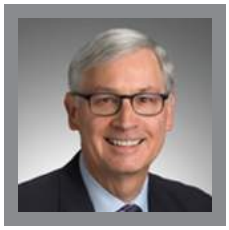
As her illness progressed, she has had to change medications five times. At her worst, she was unable to brush her own hair or tie her own shoes, and she had to undergo several surgeries to remove damaged and disfigured joints, including a hip replacement in her early 30s.

For Erinn, knowing that researchers are working on groundbreaking new treatments continues to give her hope about her future.

Even amidst our current technological advancements, picking the right medication for a patient is trial and error. "It's like tossing a coin," says Dr. Edward Keystone, Director of the Rebecca MacDonald Centre for Arthritis and Autoimmune Disease at Mount Sinai Hospital. "Right now, there is no simple test that can tell us which medication is best for each individual patient. But with the research discoveries we are making today using precision medicine, I believe we will be able to do that within the next decade."

"Things that were easy before my diagnosis, like climbing stairs or riding my bike, became very difficult," she says. "Ongoing research into new treatments has allowed me to enjoy these activities again."

A WORD FROM RICK LUNNY



This has been an exciting and energized year at the Arthritis Research Foundation (ARF). Recently ARF partnered with Sinai Health Foundation as the exclusive fundraisers for arthritis and related autoimmune diseases across Sinai Health System. This will allow us to do more for the 4.6 million Canadians living with arthritis or one of the associated autoimmune conditions.

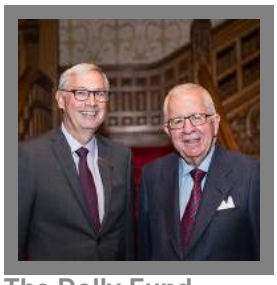
We don't often think of arthritis and autoimmune conditions as one of the top chronic diseases affecting Canadians, when in fact, these conditions are a leading cause of long-term disability in our country. By focusing our efforts on earlier diagnosis and targeted treatments based on each individual's genes and immune system, we hope to reverse this looming epidemic.

Our newly formed partnership with Sinai Health Foundation is helping take our world-class expertise to the next level. Through this partnership, we've established the Centre of Excellence in Precision Medicine for Arthritis and Autoimmune Disease to harness the power of precision medicine, matching the right person to the right drug at the right time. This joint initiative between the University of Toronto and Sinai Health System allows us to provide more personalized treatments for our patients.

Research continues to be at the forefront and is our focus. Researchers from the Rebecca MacDonald Centre for Arthritis and Autoimmune Disease are now working alongside scientists at the Lunenfeld-Tanenbaum Research Institute to pave the way to new discoveries that can be translated from the lab directly into patient care.

I want to express our sincere gratitude for the support and dedication of our donors, staff, board, and volunteers, who are essential in championing our cause. Your continued support allows us to advance care and research and provide personalized, connected care for our patients.

Rick Lunny
Chair
Arthritis Research Foundation Board of Directors



The Dolly Fund

IMPACT HIGHLIGHT: THE DOLLY FUND

The Dolly Fund was created by Millard Roth to honor his wife Dolly after her passing in September 2011. The Dolly Fund supports the work of Dr. Edward Keystone. Through genetic research, clinical correlation and drug therapy trials, Dr. Keystone and his team are working to provide the right treatment for the right patient at the right time. Thanks to the generosity of Dolly's friends and family, the Dolly Fund has raised an incredible $105,000.

"After many years of enormous pain and eventual alleviating treatment, I know Dolly would be thrilled to know that we surpassed our fundraising goal and are making a difference for patients suffering from arthritis and autoimmune diseases," says Millard Roth.

Arthritis Research Foundation gratefully acknowledges the significant financial contributions of donors whose cumulative giving is $25,000 or more. All gifts, including major and leadership giving, realized planned giving, those currently in pledge, and receipted gifts-in-kind, contribute to the cumulative total.

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The Arthritis Research Foundation makes every effort to assure accuracy in its donor listing. However, should an error or omission occur, please contact the Foundation office at 416-586-3224

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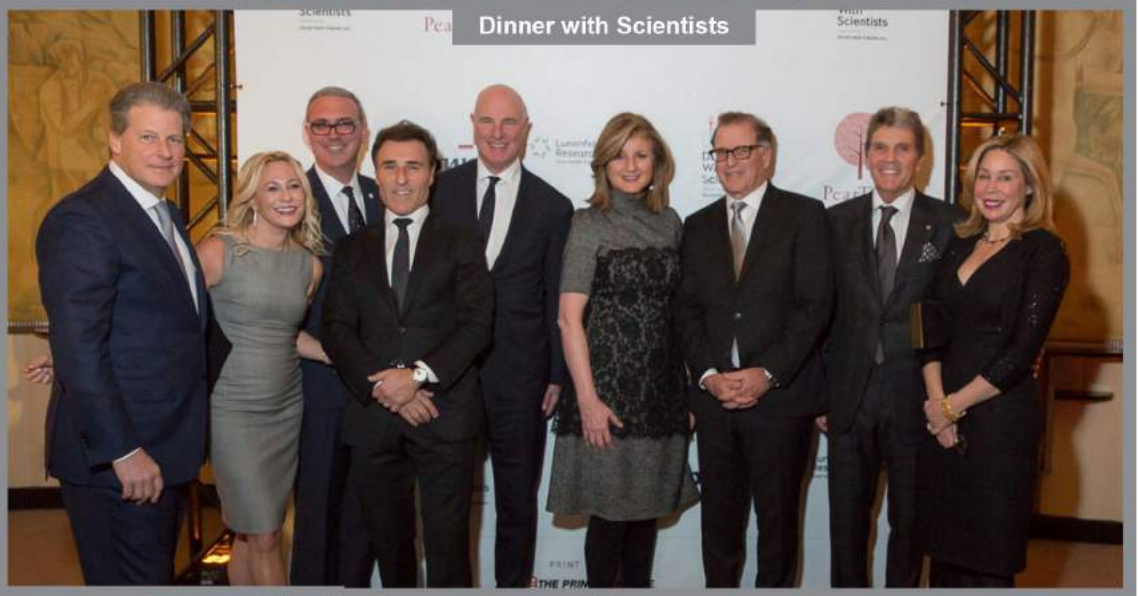
Kathy Ritz
Kerry Ritz
Morton Ritz
Jean M. Robinson
Dolly (Sonya) Roth
Shirley Rupp
Doris Sky
Irene Zubatoff

Fundraising In Action

Humour Me

The Great Jewellery Heist



Dinner with Scientists

Power of Movement

Hold em' For Life

Day at the Races

Hero Ride

Pump it for Preemies

Night at the Casino

Serving for Sinai

Mount Sinai Classic

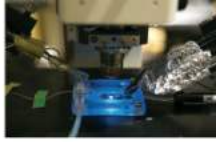
The Panov Gala

Samantha Flannigan Memorial Golf Tournament

Sinai Soiree

Pearls of Wisdom

Let's Nach



As we look forward, we are steadfast in our vision of being Canada's leading integrated health system.

But to succeed, we need the support of all of you.

By working together with staff, volunteers, government, community stakeholders and our valued donors we can have an enormous impact on the people we serve throughout every stage of their care.

Thank you to everyone who is helping us shape a new era in health care and ensuring that connected care is seamless, personalized and innovative.

Dr. Gary Newton, President & CEO

Our Vision, Mission and Values

VISION

Canada's leading integrated health system, pushing the boundaries to realize the best health and care from healthy beginnings to healthy aging for people with complex health needs.

VALUES

Person-Centred Care
Excellence
Collaboration
Accountability
Equity
Innovation

MISSION

Sinai Health System delivers exceptional care in hospital, community and home, focusing on the health conditions with the greatest impact on the overall health of the population. We discover and translate scientific breakthroughs, develop practical health solutions, educate future clinical and scientific leaders, and lead efforts to eliminate health inequities.

Sinai Health System In The News

THE CANADIAN JEWISH NEWS

Kosher Meals on Wheels volunteers make special delivery to seniors More than 100 volunteers turned out to deliver 8,000 pounds of produce to seniors Sunday, April 2 as part of a special project by Circle of Care's Kosher Meals on Wheels program. Volunteers assembled at North York's Temple Sinai before delivering the goods to seniors around the GTA, predominantly in North York and Thornhill. One volunteer, Alla Galych, rounded up a group of family and friends to support the cause in lieu of a traditional birthday party for herself.

> **"I decided to do something different and help the community," Galych said. "It was so meaningful. ... Helping people is more (meaningful) than a present."**

CITY CENTRE MIRROR

Sinai Health System selects Dr. Gary Newton as new president and CEO Dr. Gary Newton is set to assume a role as the new president and CEO of the Sinai Health System (SHS). Newton, a graduate of the University of Toronto Medical School and the University of Ottawa Heart Institute, is currently the chief medical strategy of cer and physician-in-chief with Sinai, in addition to serving on faculty at U of T. He is a leader in the eld of heart medicine, having headed up the University Health Network and Mount Sinai Hospital's division of cardiology from 2009 through 2013 and working on a research program that focused on congestive heart failure.

> **"Not only is Dr. Newton the best leadership candidate for the role, but he brings a wealth of experience and extensive knowledge of Sinai Health System to his new position," said Brent Belzberg, chair of the SHS board of directors.**

THE TELEGRAPH

Mother's blood pressure predicts sex of baby before it is even conceived, say scientists Craving sweets, early morning sickness and a watermelon-shaped stomach are all said to indicate that a woman will give birth to a baby girl. But an intriguing new study suggests that it is possible to determine the sex of a baby months before it is even conceived. Scientists in Canadadiscovered that a woman's blood pressure at around 26 weeks before conception predicts if she will give birth to a boy or a girl. Higher systolic blood pressure signals she will deliver a boy while lower suggests a girl.

EAST YORK MIRROR

Riverdale's Bridgepoint hospital wins prestigious architecture award Bridgepoint Active Healthcare in Riverdale has received the highest recognition for architecture in Canada. Late last month, representatives from the hospital for patients with complex, chronic disease and disability along with architectural partners Stantec Architecture, KPMB Architects, HDR Architecture, and Diamond Schmitt Architects attended a ceremony at Ottawa's Rideau Hall to accept the prestigious Governor General's Medal in Architecture. Administered jointly by the Royal Architectural Institute of Canada and the Canada Council for the Arts, the Governor General's Medals in Architecture recognize outstanding achievement in recently built projects designed by Canadian architects.

BEACH MIRROR

Sinai Health System, WoodGreen partner to support and empower family caregivers Caregivers who visit their loved ones at Bridgepoint Active Healthcare in Riverdale are no longer being seen as visitors. As a result of a new partnership between Sinai Health System and WoodGreen Community Services, with the help of $2.3 million in funding from The Change Foundation, family caregivers are now viewed as key partners in a patient's care team from the hospital to the community. This caregiver experience redesign is at the core of the new Cultivating Change: The Caregiver Friendly Hospital and Community Hub, which was launched Tuesday, Feb. 7, at the Riverdale hospital for people with complex chronic disease and disability. Together with caregivers, Sinai Health and WoodGreen Community Services will be developing solutions that matter and work best for them.

THE NEW YORK TIMES

Putting Breast Cancer on a Diet Should weight loss be prescribed as a treatment for breast cancer? Scientists are recruiting thousands of women for a large clinical trial to nd out. The plan is to put heavy women age 18 and older who were recently given diagnoses of breast cancer on diets to see if losing weight will keep their cancer from coming back.

THE GLOBE AND MAIL

Toronto's Mount Sinai Hospital sets example for caring for elderly patients

Samir Sinha likes to drop that line whenever he is explaining one of his hospital's lowest-tech innovations in caring for the elderly: A ban on breakfast in bed. Encouraging seniors to sit up in a chair for meals keeps them mobile, the geriatrician says, and that helps prevent the physical decline that old patients often suffer while they are in the hospital. "We know that bed rest can promote dysfunction," said Dr. Sinha, the director of geriatrics at Sinai Health System and the University Health Network, both in downtown Toronto. "If none of us actually eat breakfast, lunch and dinner in bed on a regular basis, why should we do that in the hospital?" Rethinking the way elderly patients take their meals is just one of the dozens of changes Mount Sinai has made since 2010, when it began implementing its Acute Care for Elders (ACE) strategy.

"Are we the Mount Sinai Hotel, or are we the Mount Sinai Hospital?"

THE WALRUS

How Childhood trauma can lead to chronic illness Mount Sinai Hospital psychiatrists Robert Maunder and Jonathan Hunter were featured in a Walrus article discussing the link between childhood trauma and chronic illness. The article looks at how child abuse and adverse childhood experiences can increase the risk of developing mental health issues and chronic illnesses, such as respiratory diseases and heart disease, cancer and diabetes.

TORONTO STAR

Internationally renowned surgeon Dr. Zane Cohen hangs up his scrubs Dr. Zane Cohen walked through the halls of Mount Sinai Hospital, a place he calls his second home, feeling "teary" and a "little sad" as he came into work Tuesday. The colorectal surgeon was hanging up his scrubs after his nal two surgeries, almost 40 years after he rst picked up a scalpel.

"I'm older," he says. "And 73. I felt that I could still do the job but I wanted to leave when I was still at the top of my game."

TORONTO STAR

How poor tobacco farmer Henrietta Lacks became a medical superstar after her death Some 66 years after her death, Henrietta Lacks lives on — daily and quite literally — atop laboratory benches at Toronto's Mount Sinai Hospital. Indeed, cells taken from the cervical cancer that killed her in 1951 are still being cultured and used by the tonnes in labs around the globe, says biochemist Jim Woodgett, director of the hospital's Lunenfeld-Tanenbaum Research Institute.

"Oh, we use them all the time," Woodgett says of the thriving cells — dubbed HeLa after the two rst initials of their original owner's given and last names.

CTV News
Mom donates breast milk.

CTV News
Caregivers learn about dementia.

Global News
This genetic mutation increases men's risk of developing an aggressive form of prostate cancer.

MOUNT SINAI HOSPITAL
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Sinai Health System is comprised of Bridgepoint Active Healthcare; Circle of Care; Lunenfeld-Tanenbaum Research Institute and Mount Sinai Hospital, Joseph & Wolf Lebovic Health Complex — from healthy beginnings to health aging. **Sinai Health Foundation** with its partners Arthritis Research Foundation and Bridgepoint Foundation, raises and stewards funds to support Sinai Health System. The generous support of our community fuels everything we do from connected care to scientific discovery.

Sinai Health System

Mount Sinai Hospital

Bridgepoint Active Healthcare

Circle of Care

Lunenfeld-Tanenbaum Research Institute